

## Teiul (Tilia)



Linden (Tilia)

### Description

Lime is a tree to 25 m high with a dense crown. Long-petiolate leaves are round, pointed at the top and the underside is seen protruding ribs. Flowers, 2-10 in number, sometimes more, are yellowish white, pleasantly fragrant, arranged on a common stalk, about half the length of connate with bracts long tongue-shaped, yellowish-green. Each flower consists of five sepals that fall when flowering, five petals, numerous stamens and an ovary globose. Coconut fruit is a spherical or oval. Blooms in June and July. It is spread through the forests of the hilly regions up to the mountainous area.

### Harvesting

Lime flowers are collected with the accompanying bracts. It is harvested when most of them are fully blooming, and a small number of buds is under the opening. Harvesting is done during dry weather, after the dew has lifted and 2-3 days after the last rain.

### Drying Method

Lime Flowers Drying in thin layers in airy rooms. It can dry and artificially at a temperature of 35 degrees C. From 3.5 to 4 kg of fresh flowers to obtain 1 kg of product dry.

### Uses

Lime flowers are used in cough, cold, and diaphoretic with emollient action. Domestic: shield, expectorant, sedative. External: general calming (bathrooms), descongectiv.